

## Langar Quantity

Please Note : It is not Mandatory to prepare items listed below. These are just what normally sangat prepare's

### Items

Sunday Langar\*

Friday Langar\*\*

Rice

3 LB

3 LB

Mutter Paneer with gravy

15 pound Paneer + 12 LB Green Peas

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Paneer w/Peppers

30 Pound Pepper + 16 Pound Paneer

20 Pound Pepper + 12 Pound Paneer

Dal

8 LB

6 LB

Kari Pakora

Baisan &ndash; 6 LB, Yogurt &ndash; 2 pound

Baisan &ndash; 4 LB, Yogurt &ndash; 1 pound

Palak Paneer

15 Pound Palak + 10 Pound Paneer

10 Pound Palak + 8 Pound Paneer

Mix Veg

Total 35 Pounds of Veg

Total 30 Pounds of Veg

Rajmah

15 pound or 6 Large Containers

10 Pound or 5 Large Containers

Saag

1 Box Mustard Leave + 2 Pound Palak + Maki Da Atta

1 Box Mustard Leave + 2 Pound Palak + Maki Da Atta

### Gajar Mattar

18 Pound Gajjar + 7 Pound Mattar

15 Pound Gajjar + 5 Pound Mattar

### Channa

35 LB in cans or 7 Large Chick-Pea cans

(Dry 8 LBs)

25 LB in cans or 5 Large Chick-Pea cans

(Dry 7 LBs)

### Aaloo Gobi

15 Pieces Cauliflower + 20 LB Potato

12 Pieces Cauliflower + 15 LB Potato

### Yogurt

5 gallons of Milk or 8 large tubs

3 gallons of Milk or 7 large tubs

### Kheer

5 gallons of Milk + 4 LB of Rice

4 gallons of Milk + 2 LB of Rice

### Roti

1 bag of Aatta (App. 250 Parshade)

1 bag of Aatta (App. 200 Parshade)

### Prashaad

Atta + 5 LB Sugar + 5 ( 4 strip ) boxes of Butter. Please note that Prashaade is usually made in the Gurdwara. Cash Contribution can be made instead of preparing it your-self.

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### Onions

15 LB bag to prepare Masala

10 LB bag to prepare Masala

### Salad

Lettuce &ndash; 3 big pieces, Cucumber &ndash; 3 Pieces, Tomato &ndash; 4 pieces

Lettuce &ndash; 2 big pieces, Cucumber &ndash; 3 Pieces, Tomato &ndash; 4 pieces  
Breakfast &ndash; Please Bring two Gallons of Milk in addition to breakfast items

### Ice-Cream

150 Scoop

## 125 Scoop

\*Approximately 50 LB of dry Sabzi and 8 LBb of Daal for Sunday. Please add to the amounts if you have personal invitees.

\*\*Approximately 45 LB of dry Sabzi and 6 LBb of Daal for Friday. Please add to the amounts if you have personal invitees.